

Recreation Staff:

Facility Manager: Jacqueline Linder

Recreation Specialist: Talley Caldwell

Recreation Specialist: Coretta Holmes

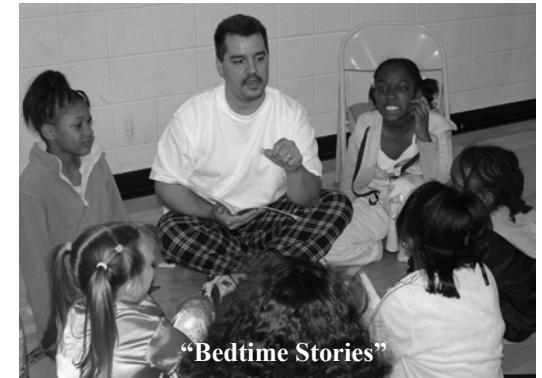
Recreation Specialist: Jeff Strong

Recreation Specialist: Mike Todd



May - August

Brainerd Recreation Complex



1010 North Moore Road

Chattanooga, TN 37411

(423) 425-3600

Dial



For all your city government needs.



PARKS
RECREATION
ARTS
CULTURE

www.chattanooga.gov/cpr

Athletic Leagues

Industrial Basketball League

April 26th - August 4th

Every Saturday, 3:00pm - 8:00pm

Cost: \$350 per team

Contact: Talley Caldwell - 425-3600

Church Basketball League for Adults

May - July

Games Played 1:00pm - 7:00pm

Cost: \$300 per team

Contact: Jeff Strong - 425-3600

Father & Son/Father & Daughter

Two On Two Basketball Tournament

Saturday, June 12th; Cost: \$10 per team

Program Partner: First Things First

Fitness

T'ai Ji Classes

Classes every Friday, 10:30am - 11:30am

Cost: \$90 per person (\$72 for seniors)

Instructor: Chris Campbell

T'ai Ji is an exercise you can enjoy while bringing relaxation, improved balance, and peace into your life!

T'ai Ji moves are designed to help coordinate centered and flowing movement focusing on muscle control and positive concentration. T'ai Ji is a great exercise for all but especially for seniors, athletes, ADD sufferers, and stressed out individuals.

Trim, Tighten, & Tone

Every 6-weeks

AM Classes: Mondays & Wednesdays @ 10:00am

PM Classes: Mondays, Tuesdays, & Thursdays @ 6:00pm

Cost: \$75 for six-weeks (3-days per week)

\$50 for six-weeks (2-days per week)

\$25 for six-weeks (1-day per week)

*** Mondays are for Abs & Glute exercises. ***

Instructor: Christine Post

6-week program designed to tone your thighs, buttocks, arms, and abs while having fun!!! Program includes body fat testing, toning, cardiovascular, and different activities to challenge yourself such as walking/running, lunges, weights, and more.

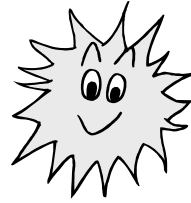
Kidz Kamp

Registration Begins April 1st

Cost: \$125 per child

For ages 6 - 12

Camp is June 1 - July 30



Arts & Culture

Sharing Love with Music Beginner's Guitar Classes

Every Thursday

6:00pm - 7:00pm; Cost: \$40 for 4-weeks

For ages 12 - Adults/Seniors

For individuals who have never played and would like to learn.

Sharing Love with Music Advanced Guitar Lessons

Every Tuesday

6:00pm - 7:00pm; Cost: \$40 for four weeks

For ages 12 - Adults/Seniors

Instructor: Harry Hudson

For individuals who already know how to play.

Participants will learn more intensified songs in an advanced manner.

Wee Dance Recital

Monday, May 17th

2:00pm - 3:00pm

Brainerd Complex

FREE

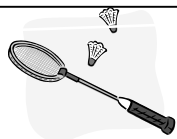
"On The Scene Performing Arts"

Speech & Drama Classes

Every Thursday beginning May 6th

5:00pm - 6:00pm, No cost.

Contact: Coretta Holmes



Badminton

Saturdays

10:00am - 11:30am

DANCE (Hip-Hop & Inspirational Dance)

Every Tuesday beginning May 4th

5:00pm - 6:00pm

No Cost

Contact: Coretta Holmes - 425-3600

Youth Creative Expressions

Poetry, Radio, & Talk

Every Wednesday beginning May 5th

5:00pm - 6:00pm

No Cost

Contact: Coretta Holmes - 425-3600

Enrichment Classes



Grand Opening!

Joe Johnson Reading Resource Center

Saturday, May 1st

Youth, teens, and adults are invited to brush up on their reading skills at the Joe Johnson Reading Resource Center. Find a quiet place to enjoy reading some wonderful books to stimulate the mind!

Beginners Computer Classes

Beginning April 15th

9:30am - 10:30am

Cost: \$30 for 8-sessions

For Adults including Seniors

Instructor: Jon Bennett - 320-3330

Computer Classes

For Microsoft Office

Beginning April 15th

Class times vary

Cost: \$50 for two-hours

Contact: Jon Bennett - 320-3330

